

Lesson 3 / December 21, 2025

True Acceptance

By RLD Editorial Team

for use as

STEP 1



Lesson 3

Focus:

We can believe Jesus as
the Son of God.

Lesson 3

Bible Basis:

John 5:16–27

Lesson 3

Memory Verse:

“Very truly I tell you, whoever hears my word
and believes him who sent me has eternal
life and will not be judged but has crossed
over from death to life.” —John 5:24

Students will filter out fact from fiction as they explore believing Jesus as the Son of God.

Materials:☐ Internet access

With the increase of video-based social media platforms (such as YouTube and TikTok), there’s also been an increase in “deep fakes” and AI-generated videos. In these videos, artificial intelligence can offer realistic-looking footage that feels nearly impossible to distinguish from real footage. Let’s take a look.

Play the following video for your teens [1:23; stop at 1:04]:

Hollywood's Newest Actress Is AI-Generated

https://www.youtube.com/watch?v=urKfqv_L680

In this video, we saw the AI-generated actress, Tilly Norwood, who may seem real in images or video clips but is created entirely by AI. While there are ways to spot a deep fake video, these types of videos continue to be a problem. After all, these videos can be made as though people are saying or doing things that they aren’t actually saying or doing. In the case of Tilly Norwood, AI-generated videos are making it seem as though this person is real even though she’s not! These types of videos can spread a lot of misinformation.

➤ **Have you ever fallen for an AI-generated image or video? What made you believe it?** (Accept all reasonable answers. Most people have fallen for AI-generated media, even if they haven’t passed it on by sharing it. Be prepared to share your own experience.)

➤ **How did you find out the video or story was fake? Did it change the way you read “news” after that?** (Hopefully when it happens to you, someone who knows better points out the error and you are more careful going forward.)

➤ **How do you determine what is fact or fiction (in the news or otherwise)?** (Students may learn these skills in schools, or not. A lot of AI generated content looks real, so you have to pay attention and check it against other sources. This wisdom applies to other areas of life as well.)

There's so much information—and misinformation—out there. It can be easy to be overly gullible or overly cynical, or just plain confused. It is important to find ways to stay alert and accurate. This applies to our faith, too. Jesus calls us to believe that He is who He says He is and shows us why we can trust that He's truthful.

(Continue on to Steps 2 and 3 in your teacher's guide; your Step 4 appears below.)

high school



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STEP 4 

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Bible Basis:**

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Memory Verse:**

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—John 5:24

Materials:

☐ None

There is a famous quote from C.S. Lewis that admonishes people not to think of Jesus as merely a great moral teacher. To be moral, you have to tell the truth. If Jesus were just a regular guy going around saying what He said (that He is the Son of God), He would either be a lunatic or a liar. The only other option is that He truly is Lord.

➤ **How do you view Jesus—moral teacher, lunatic, liar, or Lord? How about your friends? Your classmates? The general public? The media?** (Answers will vary, for each student and for the different categories.)

➤ **If a friend saw Jesus as a great moral teacher, how might you help show them that Jesus is truly Lord, as He says He is (and not a liar or lunatic)?** (Telling your own story of who Jesus has been in your life is usually the most honest and powerful thing you can say. It is not our job to convince people that Jesus is who He says He is; that is the Holy Spirit’s job. But we can testify to Jesus in our lives.)

Sometimes it is hard to believe Jesus because what He says seems too good to be true. Even though His promises are right in front of us, they are hard to believe in the face of a challenging, scary, or tragic situation.

➤ **What is one thing you really need to believe about Jesus this week?** (Accept all reasonable answers. In the face of hard things, we need to believe that Jesus is good, loving, active in our world, that He hears our prayers, that He is God, etc.)

Encourage your students to place their trust in Jesus this week. For some, that may mean trusting Him as Savior for the first time. Encourage those students to talk with you after class or visit more with pastors or leaders. For others, it may mean trusting Jesus with something that is out of their control—maybe something that has them stressing, fearing, or grieving. Encourage those

students to pray about the situation daily, even if they just start with “God I *want* to trust You with this....” Encourage them to find others who will pray with them.

Close in prayer.

Additional resources:

C.S. Lewis > Quotes > Quotable Quotes

<https://www.goodreads.com/quotes/6979-i-am-trying-here-to-prevent-anyone-saying-the-really>

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